Unlike sports, Safety is no game.
When you push the limits of safety by using or allowing risky work practices, you or a coworker can be seriously injured. A No Harm workplace begins with a No Foul mindset.

Be a team player and use the No Harm, No Foul acronym to help us flag risks that increase the potential for work-related accidents.

**No Foul**

- **H**igh force requirements (lifting, pushing, pulling)
- **A**wkward work postures (overhead, static positions, reaching)
- **R**epetitive motions (twisting, bending, gripping, squeezing)
- **M**achinery/equipment exposures (caught in, contact with, LOTO)

**No Harm**

- **F**all exposures (same level & elevated)
- **O**ccupational disease (noise, fumes, vibration, heat/cold)
- **U**nsafe driving (operator, site/route, vehicle and load)
- **L**ine of fire (struck by, caught between)

Don’t let a FOUL or HARM lead to a workplace injury.
Together we can find a safer way.